

# March OCS Dining Menu



Mon	Tues	Wed	Thurs	Fri
	1 Caesar Salad +/- Chicken Wheat Crackers or Café Bread Fresh Fruit Milk	2 Turkey or Black Bean Tacos Steamed Corn Fresh Fruit Milk	3 Chicken Breast Sandwich Green Beans Fresh Fruit Milk	4 French Bread Pizza Fresh Fruit Café-Cookie Milk
7 Egg Salad or Tuna Sandwich Celery Fresh Fruit Milk	8 Baked Potato w/ Chili Wheat Crackers or Café Bread Fresh Fruit Milk	9 Turkey or Veggie Sub Fresh Green Peas Fresh Fruit Milk	10 Spaghetti w/ Sauce Café Bread Fresh Fruit Milk	11 Hot Dog Sun Chips Fresh Fruit Milk
14 Chicken Tenders Asian Noodles w/ Veggies Fresh Fruit Milk	15 Baked Fish Brown Rice Carrots Fresh Fruit Milk	16 Chicken or Hummus Tinga Steamed Corn Fresh Fruit Milk	17 Turkey & Gravy Mashed Potatoes Green Beans Fresh Fruit Milk	18 Pita Pizza Fresh Fruit Café-Cookie Milk
21 Chicken & Cheese Quesadilla Corn Fresh Fruit Milk	22 Baked Ziti Steamed Broccoli Café Bread Fresh Fruit Milk	23 Turkey or Veggie Sub Celery Sticks Fresh Fruit Milk	24 Chicken or Veggie Curry Basmati Rice Crisp Carrots Fresh Fruit Milk	25 Hot Dog Sun Chips Fresh Fruit Milk
28 <b>SPRING BREAK Begins!</b>	<b>Best Wishes for a Fun and Healthy Break!</b>	<i>**Free and Reduced prices are for students who qualify for either a free or a price-reduced meal according to the Federal National School Lunch Program. In accordance with Federal law, and US Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202)720-6382 (TTY). USDA is an equal opportunity provider and employer.</i>		
<b>Daily Breakfast Menu for the Month</b>				
Cinnamon Toast Oatmeal Cottage Cheese w/ Pineapple Milk Juice	Scrambled Eggs Fruited Muffin Grits Milk	Bagel w/ Cheese Fruit Milk Juice	English Muffin w/ Fruit Spread Cheese Stick Milk Juice	Scrambled Eggs Toast Fruit Milk

**THANK YOU** for your support! We made our goal of 70% student participation in our healthy lunch program!

We have also been enjoying our new salad bar.

The yummy salad bar selections are included in each student or adult meal!

### Lunch Prices:

PreK Daily: \$2.00  
 K-6<sup>th</sup> Daily: \$2.40  
 (\*\*Reduced Price \$.40)  
 Weekly: \$12.00  
 7<sup>th</sup>-8<sup>th</sup> Daily: \$2.80  
 (\*\*Reduced Price \$.40)  
 Weekly: \$14.00  
 Adults: \$3.50  
 Weekly: \$17.50  
 A la Carte (extras):  
 \$.60—\$2.00

### **Breakfast Choices**

during the month will remain the same for each day of the week as listed.

**Breakfast Daily:**  
 \$1.00  
 (\*\*Reduced Price \$.30)  
**Breakfast Weekly:**  
 \$5.00

Please Note: While all attempts are made to honor menu listings, menu is subject to change due to availability.